#### VOICE WARM-UP

1 tongue tongue twisters [using different consonants]

lips jaw

agilities

donkey sound chewing gum

### oral and nasal resonance

-focusing on a constant [steady] flow of air, begin softly and gradually increase you volume. It sometimes helps if you do this while standing facing a wall or hard surface.

Oral:

ee

ay

ah

or

oh

00

Nasal:

n

m

ng

E.g. Many men make much money making moonshine

2 Placing consonants -e.g. L

initially

lee lor lay

lah 100

medially

eellee eelay eelah

loh

eelor eeloh eeloo

finally

eel orl

ayl ohl ahl ool

Plosive

p/b t/d k/g

Fricative

f / s / z /c / v

The rest

a e h I j l m n o q r u w x y -which may be further categorised, but is outside the scope of this unit.

## NASAL

Aluminum, linoleum, aluminum, linoleum, aluminum, linoleum

Can you imagine an imaginary menagerie manager imagining managing an imaginary menagerie?

Many men make much money making moonshine.

# TONGUE

I thought, I thought of thinking of thanking you.

Red lorry, yellow lorry...

## LIPS

Supposed to be pistachio, supposed to be pistachio, supposed to be pistachio...

Peter Piper picked a peck of pickled peppers.

Five frantic frogs fled from fifty fierce fishes.

Dust is a disk's worst enemy.

If two witches would watch two watches, which witch would watch which watch?

## JAW

Argyle gargoyle, argyle gargoyle, argyle gargoyle...

I would if I could! But I can't, so I won't!

How many cans can a cannibal nibble if a cannibal can nibble cans?